

# Introducing HealthyRewards®

HealthyRewards powered by Rally<sup>SM</sup> is an exciting way to earn rewards for doing simple things to get and stay healthy. You can earn \$500 individually, or a combined \$1,000 for subscriber and spouse, just for doing simple things that fit into your day. So, schedule regular check-ups, eat right and stay active. Then get paid at any time throughout the year.



#### **DAILY MISSIONS**

Earn credits/dollars with simple activities you can fit into your daily routine.



## **CLAIM REWARDS &** CHARITABLE COINS

Claim your reward gift cards at any time or redeem coins to make a donation toward a featured charity.



## **MONTHLY FITNESS CHALLENGES**

Some friendly competition can help you stay motivated. Earn credits/dollars by completing one challenge each month.



#### **MOBILE APP – TAKE RALLY** WITH YOU!

The Rally mobile app makes earning rewards on the go even easier!

Go to ExcellusBCBS.com/HealthyRewards to log in as a member, and then click the "Get started earning HealthyRewards®" link.

Rally is a product of Rally Health Inc., an independent company that offers a health management program on behalf of Excellus BlueCross BlueShield. Excellus BlueCross BlueShield is an independent licensee of the Blue Cross and Blue Shield Association.







