Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

TST BOCES HEALTH COOPERATIVE

Coverage Period: 07/01/2021 - 06/30/2022

A nonprofit independent licensee of the BlueCross BlueShield Association

Coverage for: Family | **Plan Type:** Traditional



Excellus BCBS: Classic Blue

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-499-1275 or visit Our website at www.excellusbcbs.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at www.cciio.cms.gov or www.healthcare.gov/sbc-glossary or call 1-800-499-1275 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$50 Individual/\$100 Two Person/\$150 Family	
Are there services covered before you meet your <u>deductible</u> ?	Yes, <u>Preventive Care</u>	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	\$450 Individual/\$900 Two Person/\$1,350 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-</u> <u>of-pocket limit</u> ?	Costs for penalties for failure to obtain preauthorization for services, premiums, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.excellusbcbs.com or call 1-800-499-1275 for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a specialist?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What Y	'ou Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>	None	
	<u>Specialist</u> visit	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>		
lf you visit a health care <mark>provider's</mark> office or clinic	Preventive care/screening/ immunization	Adult Physical: No Charge Adult Immunizations: No Charge Well Child Visit: No Charge <u>Deductible</u> does not apply	Adult Physical: No Charge Adult Immunizations: No Charge Well Child Visit: No Charge <u>Deductible</u> does not apply	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.1 Exam per year	
	<u>Diagnostic test</u> (x-ray, blood work)	X-Ray: No Charge X-Ray: <u>Deductible</u> does not apply Blood Work: No Charge Blood Work: <u>Deductible</u> does not apply	X-Ray: No Charge X-Ray: <u>Deductible</u> does not apply Blood Work: No ChargeBlood Work: <u>Deductible</u> does not apply	None	
lf you have a test	Imaging (CT/PET scans, MRIs)	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply		
If you need drugs to treat	Tier 1 (Generic drugs)	\$5/prescription retail, \$10/ prescription mail order <u>Deductible</u> does not apply	Not Covered		
your illness or condition More information about prescription drug coverage is available at	Tier 2 (Preferred brand drugs)	\$15/prescription retail, \$30/ prescription mail order <u>Deductible</u> does not apply	Not Covered	Covers up to a 30-day supply (retail); 90-day supply (mail order)/prescription <u>Preauthorization</u> required for certain <u>prescription drugs</u> . If you don't get a <u>preauthorization</u> , you must pay the entire cost of the drug.	
www.excellusbcbs.com/rxlist	Tier 3 (Non-preferred brand drugs)	\$30/prescription retail, \$60/ prescription mail order <u>Deductible</u> does not apply	Not Covered		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply	None	
surgery	Physician/surgeon fees	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply	None	

* For more information about limitations and exceptions, see <u>plan</u> or policy document at www.excellusbcbs.com

6		What You Will Pay		Limitations Frantisms 0.04box lung output	
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Emergency room care	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply	None	
If you need immediate medical attention	Emergency medical transportation	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply	None	
	<u>Urgent care</u>	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply	None	
	Facility fee (e.g., hospital room)	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply		
lf you have a hospital stay	Physician/surgeon fees	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply	None	
If you need mental health,	Outpatient services	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply		
behavioral health, or substance abuse services	Inpatient services	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply		
	Office visits	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply		
lf you are pregnant	Childbirth/delivery professional services	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply	None	
	Childbirth/delivery facility services	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply		
	Home health care	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply		
	Rehabilitation services	20% <u>Coinsurance</u>	20% <u>Coinsurance</u> 100 N/A N/A limit		
If you need help recovering	Habilitation services	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>		
or have other special health needs	Skilled nursing care	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply	None	
	Durable medical equipment	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>		
	Hospice services	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply	None	
If your child needs dental	Children's eye exam	Not Covered	Not Covered	None	

* For more information about limitations and exceptions, see <u>plan</u> or policy document at www.excellusbcbs.com

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Children's glasses	Not Covered	Not Covered	
or eye care	Children's dental check-up	Not Covered	Not Covered	

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded services</u> .)				
Acupuncture	Cosmetic surgery	• Dental care (Adult)		
• Dental care (Child)	Hearing aids	Long-term care		
Private-duty nursing	• Routine eye care (Adult)	• Routine eye care (Child)		
Routine foot care	Weight loss programs			
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)				
Bariatric surgery	Chiropractic care	Infertility treatment		
• Non-emergency care when traveling outside the U.S.				

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the phone number on Your ID card or www.excellusbcbs.com; Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform; New York State Department of Financial Services Consumer Assistance Unit at 1-800-342-3736 or www.dfs.ny.gov. Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact the Consumer Assistance Program at 1-888-614-5400, or e-mail cha@cssny.org or www.communityhealthadvocates.org. A list of states with Consumer Assistance Programs is available at: www.dol.gov/ebsa/healthreform and www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

* For more information about limitations and exceptions, see <u>plan</u> or policy document at www.excellusbcbs.com



Limits or exclusions

The total Peg would pay is

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> <u>Coinsurance</u> Hospital (facility) <u>copayment</u> Other <u>coinsurance</u> 	\$50 20% \$0 20%	 The <u>plan's</u> overall <u>deductible</u> <u>Coinsurance</u> Hospital (facility) <u>copayment</u> Other <u>coinsurance</u> 	\$50 20% \$0 20%	 The <u>plan's</u> overall <u>deductible</u> <u>Coinsurance</u> Hospital (facility) <u>copayment</u> Other <u>coinsurance</u> 	\$50 20% \$0 20%
This EXAMPLE event includes services like: Specialist office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (<i>ultrasounds and blood work</i>) Specialist visit (<i>anesthesia</i>)		This EXAMPLE event includes services like: Primary care physician office visits (<i>including disea</i> : Diagnostic tests (<i>blood work</i>) Prescription drugs Durable medical equipment (<i>glucose meter</i>)	se education)	This EXAMPLE event includes services like: Emergency room care (<i>including medical supplies</i>) Diagnostic test (<i>x-ray</i>) Durable medical equipment (<i>crutches</i>) Rehabilitation services (<i>physical therapy</i>)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing Deductibles	\$0	Cost Sharing Deductibles	\$50	Cost Sharing Deductibles	\$50
Copayments	\$10	Copayments	\$60	Copayments	\$10
Coinsurance	\$0	Coinsurance	\$150	Coinsurance	\$140
What isn't covered		What isn't covered		What isn't covered	

Limits or exclusions

The total Joe would pay is

\$60

\$70

\$0

\$200

Limits or exclusions

The total Mia would pay is

\$20

\$280

Notice of Nondiscrimination

race, color, national origin, age, disability, or sex. The Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. Our Health Plan complies with federal civil rights laws. We do not discriminate on the basis of

The Health Plan:

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- with us, such as: Provides free aids and services to people with disabilities to communicate effectively
- Qualified sign language interpreters
- 0 Written information in other formats (large print, audio, accessible electronic formats, other formats)
- . as Provides free language services to people whose primary language is not English, such
- Qualified interpreters
- Information written in other languages

If you need these services, please refer to the enclosed document for ways to reach us

another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: If you believe that the Health Plan has failed to provide these services or discriminated in

Advocacy Department Attn: Civil Rights Coordinator PO Box 4717 Syracuse, NY 13221 Telephone number: 1-800-614-6575 TTY number: 1-800-421-1220 Fax: 315-671-6656

Health Plan's Civil Rights Coordinator is available to help you. You can file a grievance in person or by mail or fax. If you need help filing a grievance, the

Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: You can also file a civil rights complaint with the U.S. Department of Health and Human

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html. Washington, D.C. 20201 Room 509F, HHH Building 200 Independence Avenue, SW U.S. Department of Health and Human Services 1-800-368-1019, 800-537-7697 (TDD)

enclosed document for ways to reach us. Attention: If you speak English free language help is available to you. Please refer to the

Consulte el documento adjunto para ver las formas en que puede comunicarse con nosotros. Atención: Si habla español, contamos con ayuda gratuita de idiomas disponible para usted.

注意:如果您说中文,我们可为您提供免费的语言协助。 请参见随附的文件以获取我们的联系方式。

воспользоваться. переводческие услуги. В приложенном документе содержится информация о том, как ими Внимание! Если ваш родной язык русский, вам могут быть предоставлены бесплатные

dokiman ki nan anvlòp la pou jwenn fason pou kontakte nou. Atansyon: Si ou pale Kreyòl Ayisyen gen èd gratis nan lang ki disponib pou ou. Tanpri gade

자 兆 양 OЮ 아 [년] 주세요: 한국어를 사용하시는 경우, 무료 언어 지원을 문서를 참조하시기 바랍니다. N₽ |0 № ⊣≻ 있습니다. [원] 만 이 표 [년

gratuita. Per sapere come ottenerla, consultate il documento allegato. Attenzione: Se la vostra lingua parlata è l'italiano, potete usufruire di assistenza linguistica

אויפמערקזאם: אויב איר רעדט אידיש, איז אומזיסטע שפראך הילף אוועילעבל פאר אייך ביטע רעפערירט צום בייגעלייגטן דאקומענט צו זען אופנים זיך צו פארבינדן מיט אונז.

যোগাযোগ করার জন্য অনুগ্রহ করে সংযুক্ত লখি পড়ুল। নজর দিন্ন: যদি আপনি বাংলা ভাষায় কথা বলেন তাহলে আপনার জন্য সহায়তা উপলত্য রয়েছে। আমাদের সঙ্গে

załączony dokument w celu uzyskania informacji na temat sposobów kontaktu z nami. Uwaga: jeśli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Patrz

تنبيه: إذا كنت تتحدث اللغة العربية، فإن المساعدة اللغوية المجانية متاحة لك. يرجى الرجوع إلى الوثيقة المرفقة لمعرفة كيفية الوصول إلينا.

Consultez le document ci-joint pour savoir comment nous joindre. Remarque : si vous parlez français, une assistance linguistique gratuite vous est proposée

h نوٹ: اگر آپ اردو ہولتے ہیں تو آپ کے لیے زبان کی مفت مدد دستیاب ہے۔ ہم سے رابطہ کرنے طریقوں کے لیے منسلک دستاویز ملاحظہ کریں۔

sa amin. Mangyaring sumangguni sa nakalakip na dokumento para sa mga paraan ng pakikipag-ugnayan Paunawa: Kung nagsasalita ka ng Tagalog, may maaari kang kuning libreng tulong sa wika

τρόπους επικοινωνίας μαζί μας. δωρεάν. Προσοχή: Αν μιλάτε Ελληνικά μπορούμε να σας προσφέρουμε βοήθεια στη γλώσσα σας Δείτε το έγγραφο που εσωκλείεται για πληροφορίες σχετικά με τους διαθεσιμους

bashkëlidhur për mënyra se si të na kontaktoni. Kujdes: Nëse flisni shqip, ju ofrohet ndihmë gjuhësore falas. Drejtojuni dokumentit

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