Excellus BCBS:Classic Blue

A nonprofit independent licensee of the Blue Cross Blue Shield Association Summary of Benefits and Coverage: What this Plan Covers & What it Costs



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <u>excellusbcbs.com</u> or by calling 1-800-499-1275.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	\$75 Individual / \$225 Family Does not apply to Preventive Care.	You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out–of–</u> <u>pocket limit</u> on my expenses?	Yes, \$400 Individual / \$1200 Family	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket</u> <u>limit</u> ?	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. See www.excellusbcbs.com or call 1-800-499-1275 for a list of participating providers.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a <u>specialist</u> ?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page [4 or 5]. See your policy or plan document for additional information about excluded services .

Questions: Call 1-800-499-1275 or visit us at excellusbcbs.com

Classic Blue \$75/\$225

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the glossary at www.cciio.cms.gov or call 1-800-499-1275 to request a copy. HIOS ID: 78124EX0592136-01 BR#: 592136 - 1 06/17/2015 1 of 8

- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.



• This plan may encourage you to use in-network **providers** by charging you lower **<u>deductibles</u>**, **<u>copayments</u>** and <u>**coinsurance**</u> amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of- network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	20% co-insurance	20% co-insurance	Subject to deductible
If you visit a health care <u>provider's</u> office or clinic	Specialist visit	20% co-insurance	20% co-insurance	Subject to deductible
	Other practitioner office visit	Acupuncture Not Covered Chiropractic 20% co-insurance	Acupuncture Not Covered Chiropractic 20% co-insurance	Subject to deductible
	Preventive care/screening/immunization	No Charge	No Charge	Adult Physical 1 Visit(s) per year
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	20% co-insurance	none
	Imaging (CT/PET scans, MRIs)	No Charge	20% co-insurance	none

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of- network Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition More information about <u>prescription</u> <u>drug coverage</u> is available at excellusbcbs.com	Generic drugs	Not Covered	Not Covered	Refer to the Pharmacy Benefit Manager at www.expressscripts.com for information regarding prescription drug coverage.
	Preferred brand drugs	Not Covered	Not Covered	Refer to the Pharmacy Benefit Manager at www.expressscripts.com for information regarding prescription drug coverage.
	Non-preferred brand drugs	Not Covered	Not Covered	Refer to the Pharmacy Benefit Manager at www.expressscripts.com for information regarding prescription drug coverage.
	Specialty drugs	Not Covered	Not Covered	none
If you have	Facility fee (e.g., ambulatory surgery center)	No Charge	No Charge	none
outpatient surgery	Physician/surgeon fees	No Charge	20% co-insurance	none
If you need	Emergency room services	No Charge	No Charge	none
immediate medical	Emergency medical transportation	No Charge	No Charge	First \$50 CIF then 20% co-insurance
attention	Urgent care	20% co-insurance	20% co-insurance	Subject to deductible
If you have a	Facility fee (e.g., hospital room)	No Charge	No Charge	none
hospital stay	Physician/surgeon fee	No Charge	20% co-insurance	none
	Mental/Behavioral health outpatient services	20% co-insurance	20% co-insurance	Subject to deductible
If you have mental health, behavioral	Mental/Behavioral health inpatient services	No Charge	No Charge	120 Day(s)
health, or substance	Substance use disorder outpatient services	No Charge	No Charge	60 Visit(s) per year
abuse needs	Substance use disorder inpatient services	No Charge	No Charge	Detox 120 Day(s) Inpatient 120 Day(s)

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of- network Provider	Limitations & Exceptions
If you are pregnant	Prenatal and postnatal care	Prenatal No Charge Postnatal No Charge	Prenatal 20% co- insurance Postnatal 20% co- insurance	none
	Delivery and all inpatient services	No Charge	No Charge	none
	Home health care	No Charge	No Charge	40 Visit(s) per year
If you need help	Rehabilitation services	No Charge	Outpatient 20% co-insurance Inpatient 20% co- insurance	Outpatient 40 Visit(s) per year
recovering or have	Habilitation services	No Charge	20% co-insurance	40 Visit(s) per year
other special health needs	Skilled nursing care	No Charge	No Charge	, then 0% co-insurance for the next 45 Day(s), then 0% co- insurance for the next 45 Day(s)
	Durable medical equipment	20% co-insurance	20% co-insurance	Subject to deductible
	Hospice service	No Charge	No Charge	Family Bereavement 5 Visit(s) per year
If your child needs dental or eye care	Eye exam	Not Covered	Not Covered	none
	Glasses	Not Covered	Not Covered	none
	Dental check-up	Not Covered	Not Covered	none

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Hearing aids
- Routine eye care (Adult)

- Cosmetic surgery
- Long term care
- Routine foot care

- Dental Care (Adult)
- Private-duty nursing
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

• Bariatric Surgery

• Chiropractic care

• Infertility treatment

• Non-emergency care when traveling outside the U.S.

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while coverage under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-499-1275. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact Customer Service at 1-800-499-1275.

• For group health coverage subject to ERISA, you can contact your plan at 1-800-499-1275. You can also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. If coverage is insured, you can contact New York State Department of Financial Services at 1-800-342-3736

• For non-federal governmental group health plans and church plans that are group health plans, call 1-800-499-1275. If coverage is insured, you can contact New York State Department of Financial Services at 1-800-342-3736

• Additionally, a consumer assistance program can help you file your appeal. Contact Community Health Advocates, the State's consumer assistance program, at 1-888-614-5400 or at www.communityhealthadvocates.org.

Does This Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage". This plan or policy does provide minimum essential coverage.

Does This Coverage Meet The Minimum Value Standard?

In order for certain types of health coverage (for example, individually purchased insurance or job-based coverage) to qualify as minimum essential coverage, the plan must pay, on average, at least 60 percent of allowed charges for covered services. This is called the "minimum value standard". This health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

Language Access Services:

Español: Para obtener asistencia en Español, llame al 1-800-499-1275.

Tagalog: Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-499-1275.

中文:如果需要中文的帮助,请拨打这个号码 1-800-499-1275.

Dine: Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-499-1275.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby	
(normal delivery)	

- Amount owed to providers: \$7,540
- **Plan pays:** \$7,370
- Patient pays: \$170

Sample care costs:

#0 700
\$2,700
\$2,100
\$900
\$900
\$500
\$200
\$200
\$40
\$7,540

Patient pays:

Deductibles	\$ 0
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$170
Total	\$170

Managing type 2 diabetes (routine maintenance of

a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays:** \$4,250
- **Patient pays:** \$1,150

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$80
Copays	\$0
Coinsurance	\$330
Limits or exclusions	\$740
Total	\$1,150

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-ofpocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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